

# Let your gut do the talking.

Gastric Alimetry<sup>™</sup> A noninvasive test for gastric conditions





Gastric symptoms like abdominal pain, bloating and nausea not only have a big impact on your life. It can be hard for doctors to identify the problem, leaving you searching for answers and frustrated by your condition.

Medical tests can be confusing too, with mixed signals over what's actually behind your symptoms. Yet fortunately, there's a new test that can help, called Gastric Alimetry $^{TM}$ .

# **What is Gastric Alimetry™?**

Put simply, it's designed to read your stomach's activity and help better diagnose what's causing your issue. It's a new technology called Body Surface Mapping. something your doctor will refer you for at a Functional Gut Clinic in Manchester, Cambridge or London.

# \*\* Why take the test?

The Gastric Alimetry  $^{TM}$  test is noninvasive, with a sticky patch of sensors and a recording device placed onto the skin over your stomach.

The device reads your stomach's activity and provides doctors with data patterns that may relate to certain conditions. Meaning your doctor will have a clearer picture of the issue that's causing your symptoms.

# Ready to take the test?

Ask your doctor to refer you to your nearest Functional Gut Clinic.

To find out more, call us on 0161 302 7777 or email us at: admin@thefunctionalgutclinic.com

## How the test works

The test takes around five hours in total. but it's comfortable and noninvasive.



# 1. Wear the device

A sticky patch is applied to the surface of your abdomen, where it senses and collects signals for 30 minutes while your stomach is empty.



#### 2. Consume a meal

You'll be given a light meal, after which the patch will sense and record the activity in your stomach for up to four hours.



#### 3. Relax and rest

You'll sit comfortably in a recliner chair, free to read, watch a movie, use a device or get out of the chair for a comfort break. The patch will keep on working.



#### 4. Record your symptoms

You'll be prompted every 15 minutes to update your symptoms on an App. The more accurate you are when recording your symptoms, the better your doctor can interpret the results.

# What happens after my test?

Using advanced algorithms, we'll generate a report from all the data collected. Your doctor will then share the results with you and use the report to create a treatment plan.

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